

This album started as a one-week challenge to my intuition and guides. Every day was something to sing about and all I did was wait for the song to come to me.

[Memeneda](#), the title song, was written on a Saturday, late August 2018. In the house of someone whom until Sat. 2/10/19 I'd called a friend.

I remember it was a challenge to write **Memeneda**: I had just returned from the sick bed of another friend (Francis Benjamin Koufie, RIP) whom my previous album, [Oforisuo](#) is dedicated to.

I remember being stood up for close to 40mins and till now I am not sure what changed his mind to finally pick my call and allow me to sleepover.

The challenges of that Saturday weren't clear then and neither was our flickering friendship. But somehow, through the words of Memeneda, my guides were painting a picture of my failing friendships. And last Saturday, it became clear by words, his words, that sometimes the people we love can only smile back in return. And a smile can precede any emotion or feeling.

**I was born on a Saturday, that's why Memeneda is my special.**

Find your day of the week; it has something to say to you!

Nawotwe means Days of the week: Arranged from Monday to Sunday, just for you!

**\* (General Meaning)**

## DWOWDA

Dwowa n̄yε wo dε a,

Bεyε dεn na wahu benada?

Adwoa bomo,

Bεyε dεn na wahu kyena?

Sε n̄nε n̄ni h̄o a,

Besi dεn na yenya gyidi?

Nea ɔtan Dwowa,

Bedi amia, bedi abene

Adwoa Bomo,

En̄nε yε wo dea

En̄nε yε wo dea

Nyε benada (n̄nε yε Dwoada)

Dwowa n̄yε wo dε a,

Bεyε dεn na wahu Benada, Benada?

Adwoa bomo,

Bεyε dεn na wahu kyena?

Sε n̄nε n̄ni h̄o a,

Besi dεn na yenya gyidi?

Nea ɔtan Dwowa,

Bedi amia, bedi abene

Adwoa Bomo,

En̄nε yε wo dea

En̄nε yε wo dea

Nyε benada (n̄nε yε Dwoada)

Hm hm hm hm

Hm hm hm hm hm h̄m̄m

Hm hm hm h̄m̄m

Hm hm hm hm hm hm hm

hm hm hm hm

hm hm hm hm hm hm (hm hm hm hm hm hm hm hm hm h̄m̄m...hm h̄m̄m)

hm hm hm hm

hm hm hm

ooooooooooo

Dwowa n̄yε wo dε a,

Bεyε dεn na wahu benada?

Adwoa bomo,

Bεyε dεn na wahu kyena?

Sε n̄nε n̄ni h̄o a,

Besi dεn na yenya gyidi?

Nea ɔtan Dwowa,

Bedi amia, bedi abene

Adwoa Bomo,

En̄nε yε wo dea

En̄nε yε wo dea (En̄nε yε wo dea)

Nyε benada

Dwowa, Dwowa Dwowa Dwowa yε en̄nε

Dwowa Dwowa, fa Kenyan woho twen Benada

Twen Okyena (Kyenaa, Kyenaa)

Adwoa (Adwoa) Adwoa (Adwoa) Adwoaaa  
(Adwoaaa)

Kenyan woho nne

Kenyan woho nne

**\*All you have is today. Hate it! Love it!**  
**Today is what you must work with.**  
**Survive, then tomorrow won't be so hard.**  
Monday.

## **BENADA**

Hena, hena n' otum' pagya nani kyere suo?

Kwabena 'Gyam adane asaase apiapia ne  
mu nsuo.

Besen, besen, besen kohwe nea ye' wura

'Gyam aye yi!

Abena Nimo afuntuma asaase apiapia ne  
mu nsuo.

Be ye den agu y' asaw

ene Benada yennko po so

Asubonten,

Nea eho adwudwo agu yen bo so

Nananom afiri won nna m'

Rehyiraw sunam ne yen mfude

Nea wante

Nimo antumi wo a, ete wo ntoma.

**\*Change should only be made when  
you've assessed the past and listened to  
the present. Listen! Tuesday.**

## Wukuada

Wukuada,

Nsoroma agugu

Hann afɔre ne nkasee

Wukuada,

Nsoroma agugu

Hann afɔre ne nkasee

Birisuo, Bonsam,

Sum ne hann yebetena

Birisuo, Bonsam,

Sum ne hann yebetena

Daa yepese yeko

Sum ne hann ntumi ntena

Owia ne osram tumi

ntumi nse.

Nanso osram kyere yen senea

Soro hyeren tum kabii ehan betumi

abetena!

Wukuada,

Nsoroma agugu

Hann afɔre ne nkasee

Birisuo, Bonsam,

Sum ne hann yebetena (xuxu)

Sum ne hann yebetena (xuxu)

Sum ne hann!

**\*The need for darkness and light. Why we don't have to agree on everything to maintain peace. The song of the moon and the sun. Wednesday.**

## Yawda

Kɔ ntɛm kɔ!

Kwaha wo ntama!

Nsa, nsu

Nokwardie mu nni akyinie

Nea wo tɛkrɛma besie

Hwɛ sɛ ɛde asomdwoe bɛba

Wokwaha wo tam na wo ka ntam a,

ɛɛ nananom tɛkrɛma so.

Nkontompo hwie mogya.

Nkyirima ti 'gye akyerɛma.

Kɔ! Hwɛ!

Asaase Yaa ada adagya

W'ano ho fi akeka ne ho

Ne ho fi atete akoma

Akoma mu adɔre yare

Yare bae ɛ wo 'beyi apae

Wo pɛ ntɛm akɔ

Kwaha wo ntama!

pɛ ntɛm akɔ

Kwaha wo ntama!

**\*Ha! The corona song: Africa's solution to every problem is prayer. We run to pray, not just us but whoever starts a fire for destruction and loses control while it destroys their own property, begins to pray for salvation from ancestors whose choices are making us suffer and from God or gods whose negligence has brought the world to the decadence it's in now.**

Thursday.

**#globalwarming #covid19**

**#conspiracytheory #anarchism**

## **Fida**

(Ba bɔne...)

Sɛantie ne ɔnwam atikɔɔ  
sɛ w'antie a wobɛkɔ anteade.

Hena n'ɛkyerɛ abofra Nyame ho kwan  
Mmotafowa koraa nim Nyame.

Aye aye aye aye aye aye aye aye aye  
aye

Ayeeee...

Sɛantie ne ɔnwam atikɔɔ  
sɛ w'antie a wobɛkɔ anteade.

**\*Like the Akan proverb says, "No one shows a child, God." A child that strays knows that he has strayed. Friday.**

## Memeneda

Woyo woyo woyo

Woyo woyo woyo

Woyo woyo woyo woyo

Asem bi aha me oh woyo

Asem bi aha me o meka o woyo

Asem no nyinaa tiri ne se woyo iii

Ɔɔɔ;

Ɔɔɔ a yedɔ yi kɔ hefa?

Nea wodɔ no tan wo a,

ɔsere kyere wo a,

wobesi den ate?

wobesi den ahunu?

N'akoma mu fitaa

eye nwin se su-kyere-ma aaa!

Woyo ii!

Woyo woyo woyo ii

Woyo woyo woyo woyo ii

Asem bi aha me oh woyo ii

Asem bi aha me o meka o woyo ii

Asem no nyinaa tiri ne se woyo iii

Ɔɔɔ a yedɔ yi kɔ henefa?

Nea wodɔ no tan wo a,

ɔsere kyere wo a,

wobesi den ate?

wobesi den ahunu?

N'akoma mu fitaa nso

eye nwin se su-kyere-ma aaa!

Woyo woyo woyo ii...

**\*How can we see? How can we hear? How can we know when the one we love hates us with a white heart as cold as ice?**

Saturday.



## **Kwasida**

Ahom! (8x)

Bere naso se yegu ahomee

Fa wo bodua bepra me mmensem

Bere naso se yegu ahomee

Ma me mmu nkotodwe me nsom wo

Ahom Ahom Ahom Ahom...

Ahom ahom ahom ahom ahom ahom ahom  
ahom aso

Ahom ahom ahom ahom ahom ahom ahom  
ahom aso

**\*We all return to something. Some to dust.  
Some to God. We pray it's a better place.  
We pray forgiveness or closure. Sunday.**

## Kokrokoo

Wiase nyε wode a,  
Ense wo se wudi wo  
Ense wo se wowe nam;  
Da kom, Da komm.  
HMMMMMMMMM...  
Asetena ye wo den a,  
Entoo wo dompe wee  
Entoo wo asabow;  
Da kom, Da komm.  
HMMMMMMMMM...  
Hmm, Kokrokoo:  
Asetena ye wo den a,  
Entoo wo dompe wee  
Entoo wo asabow;  
Da kom, Da komm.  
Koo-koo-kookroko  
Koo-koo-kookroko  
Adeakye ebia,  
fam adwo fomm  
owia nusuo egugu dasuom  
Response:  
Koo-koo-kookroko  
Adeakye ebia,  
fam adwo fomm  
owia nusuo egugu dasuom  
Koo-koo-kookroko

Adeakye ebia,  
fam adwo fomm  
owia nusuo egugu dasuom  
7x  
Ko Ko Kookroko  
Adeakye ebia, (Bia, bia fomm!)  
fam adwo fomm  
owia nusuo egugu dasuom  
2x  
Koo-koo-kookroko  
Adeakye ebia, (Bia, bia fomm!)  
fam adwo fomm  
owia nusuo egugu dasuom  
Koo-koo-kookroko  
Koo-koo-kookroko  
Adeakye ebia, (Bia, bia fomm!)  
fam adwo fomm  
owia nusuo egugu dasuom  
7x  
Ko Ko Kookroko  
Kokrokooooooooo!  
Hohoro' w'ananim hyia w'anopa  
Ode serew hyia wo.

**\*If the world doesn't sweet you, don't eat honey, sleep hungry.**

